**ACT Professional Development Courses**

1. **Christian Counselling: Training that helps Christian care for the hurting.**

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| **Session**  | **Topic** | **Time Frame** | **Synopsis** |
| Session 1 | **Biblical Foundations of Christian Counseling** | **May 31st** Friday 5:30 P.m. – 08:30 P.m.**June 1st** Saturday 9:30 A.m. – 12:30 P.m. | This session provides the foundation of biblical counseling.  |
| Session 2 | **Principles of Christian Counseling**  | **June 07th** Friday 5:30 P.m. – 08:30 P.m.**June 08th**Saturday 9:30 A.m. – 12:30 P.m. | This session provides the basic principles of Christian counseling, provides the various approaches to Christian counseling |
| Session 3 | **Counseling and Mental Health** | **June 14th** Friday 5:30 P.m. – 08:30 P.m.**June 15th**Saturday 9:30 A.m. – 12:30 P.m. | This session describes the key issues in mental health, such as stigma and social determinants. It further discusses stigma associated with mental health conditions, and assessment, treatment |
| Session 4 | **Crisis Counseling**  | **June 21st**Friday 5:30 P.m. – 08:30 P.m.**June 22nd**Saturday 9:30 A.m. – 12:30 P.m. | This session presents an in-depth study of crisis intervention information, skills, and strategies needed for counseling to provide effective counseling to clients facing a variety of crisis situations. |
| Session 5 | **Marriage and Family Counseling**  | **June 28th** Friday 5:30 P.m. – 08:30 P.m.**June 29th**Saturday 9:30 A.m. – 12:30 P.m. | This session provided basic skills that will develop marriage and family counseling skills. |
| Session 6 | **Principles of Mediation in Counseling**  | **July 05th** Friday 5:30 P.m. – 08:30 P.m.**July 06th**Saturday 9:30 A.m. – 12:30 P.m. | This session willoffer insights into the mediation process. The session will also assess the process of gaining entry into a mediation initiative and examine the early and later stages of mediation. |
|  | **Graduation**  | July 13th, Saturday 10:00A.m. |  |